



FITNESS FOR DUTY CERTIFICATION (MD 201)

TO BE COMPLETED BY THE EMPLOYEE

Employee's Information:

Physician's Information:

Name: _____
 Address: _____
 City: _____ State: _____ Zip Code: _____
 ID No: _____ Phone No: _____
 Position: _____ Dept: _____
 Safety sensitive? Yes _____ No _____

Name: _____
 Address: _____
 City: _____ State: _____ Zip Code: _____
 Phone No: _____ Fax No: _____

The provider named above is authorized to provide the IHB RR and/or its MRO any and all medical records regarding my illness or injury as it relates to my absence from work. I authorize the IHB RR and/or its MRO to contact the provider if further information is required.

 Employee Signature

 Date

TO BE COMPLETED BY THE HEALTH CARE PROVIDER

____ Yes _____ No I have received and reviewed a copy of the IHB's functional job description for this employee's position prior to rendering this opinion. (If you would like a copy sent to you, please call 219-989-4850 or email melanie.lindner@ihbrr.com)

____ The above named employee may return to work without any restrictions on _____ (date).

____ The above named employee may return to work with the following restrictions: _____ on _____ (date).

____ No lifting over _____ lbs. _____ No repetitive kneeling, squatting _____ Must wear hearing protection

____ No repetitive stooping, twisting _____ No prolonged standing, walking _____ Other, please list below

____ The above named employee may not return to work at this time. (Please list reasons below)

____ If the employee's position has been designated as safety sensitive above, the employee has _____ has not _____ been prescribed other than over the counter drugs. (If so, please complete safety sensitive drug report (MD1000))

____ Comments, other work restrictions, drug treatments (required), etc.: _____

 Provider's Signature

 Date

TO BE COMPLETED BY THE IHB MRO

____ The above named employee may return to work without any restrictions on _____ (date).

____ The above named employee may return to work with the following restrictions:

____ No lifting over _____ lbs. _____ No repetitive kneeling, squatting _____ Must wear hearing protection

____ No repetitive stooping, twisting _____ No prolonged standing, walking

____ The above named employee may not return to work at this time. (Please list reasons below)

____ Comments: _____

 IHB Medical Review Officer's Signature

 Date

NOTE: IHB's Medical Director may use IHB Form MD-100 for more detailed restrictions, etc. Same should accompany this form.

Return this form to the IHB Human Resources Department, 2721-161st Street, Hammond, IN 46323-1099, or fax this form to 219-989-4967.